

**5th-9<sup>th</sup> Grade Parents, Educators and Guardians,  
Please Join Our**

**Parent-Teacher Education Forum**

**Understanding Your Pre-Adolescent and Adolescent**

Presented by

**Katie Collins, RN, MSN, PNP**

**Wednesday October 24th**

Presentation: 6-7:30pm

Question and Answer: 7:30-8pm

Old Rochester Junior High School, Library  
133 Marion Road, Mattapoisett

Ms. Collins' presentation will include these topics:

- **Eating Disorders**
- **Self-Injury (Depression/Suicidal Ideation- Warning Signs**
- **Physical/Social Impact of Puberty**
- **How to Support Your Child with Difficult Peer Relationships**

Presenter Biography:

Kathryn (Katie) F. Collins RN, MSN, PNP is a Pediatric Nurse Practitioner. She earned a BSN from UMASS Dartmouth and a MSN from Simmons College. Specializing in adolescent health, she spent 16 years as the Health Curriculum Coordinator at Tabor Academy as well as their Nurse Practitioner and Director of Health Services. Katie owns Children's Medical Associates, with offices on Nantucket and in Dartmouth. She comes to the ORR Community with a variety of experiences teaching and providing health services both nationally and internationally, including work in South Africa. For the past 17 years she has been engaged in a gender research and curriculum study that includes 30 national and international schools. This study will produce interventions and curriculum to benefit adolescents. Katie has presented at national conferences including the Independent School Health Association, the Durango Institute in Colorado and the Independent School Gender Project. We welcome her to the ORR community!

For further information/questions, please contact Dr. Elise Frangos, ORR Director of Curriculum and Instruction, efrangos@orr.mec.edu